

32. (Twice Amended). A method for synchronizing a file type between a first computer and a second computer, comprising the steps of:

selecting on said first computer at least one file type to monitor;  
monitoring said first computer for modifications to files of said selected file type;  
recording a file identification responsive to a modification to a file of said selected file type;  
identifying on said second computer a corresponding file identification representative of said recorded file identification;  
determining, subsequent to said step of identifying, whether said modified file on said first computer is more recent than said identified file on said second computer; and,  
replacing said identified file on said second computer with said modified file on said first computer, only if it is determined that said modified file on said first computer is more recent than said identified file on said second computer.

33. (Once Amended). The method of Claim 32, wherein the step of replacing includes the step of:

replacing said modified file on said first computer with said identified file on said second computer, if it is determined that said modified file on said first computer is not more recent than said identified file on said second computer.

34. (Once Amended). The method of Claim 32, wherein said step of determining includes the steps of:

accessing a first date and time associated with said modified file;  
accessing a second date and time associated with said identified file on said second computer;  
and,  
determining if said first date and time is more recent than said second date and time.

35. (Twice Amended). The method of Claim 32, wherein said step of replacing said identified file on said second computer with said modified file on said first computer, replaces said identified file on said second computer with a copy of said modified file.

36. A method for remotely obtaining with a second computer, an item of information stored on a first computer, comprising the steps of:

connecting said second computer with said first computer;

identifying with said second computer said item of information stored on said first computer;

and,

retrieving said item of information from said first computer.

37. The method of Claim 36, wherein said step of retrieving said item of information retrieves a copy of said item of information.

38. The method of Claim 36, further including the step of:

storing said item of information on said second computer responsive to said step of retrieving said item of information.

39. A method for remotely providing to a first computer an item of information stored on a second computer, comprising the steps of:

connecting said second computer with said first computer;

identifying, with said second computer, a storage location on said first computer for storing said item of information; and,

providing said item of information to said first computer.

40. The method of Claim 39 further including the step of:  
verifying that said item of information provided to said first computer has been received by said first computer; and,  
disconnecting said second computer from said first computer.

41. A work monitor for monitoring events and activities occurring on a computing device, comprising:

a first monitoring means, for monitoring said computing device for an occurrence of at least one activity;

a second monitoring means, for monitoring said computing device for an occurrence of at least one event; and,

a log generating means, for generating a log responsive to the occurrence of an event or activity monitored on said computing device.

42. The work monitor of Claim 41, wherein said at least one event being monitored is an event selected from a group of events comprising:

an incoming telephone call, an outgoing telephone call, an incoming facsimile, and an outgoing facsimile.

43. The work monitor of Claim 41, wherein said at least one activity being monitored is an activity selected from a group of activities comprising:

an access of an item of information stored on said computer, and a modification of an item of information stored on said computer.

44. The work monitor of Claim 41, wherein said generated log includes information identifying an occurrence of a monitored event or activity.

45. A control center interface for a synchronization system located on a first computing device, the control center interface comprising:

a work monitor interface, including information identifying an occurrence of an event or activity;  
and,

a file synchronization interface, providing the ability to select at least one item of information, contained on said first computing device, for synchronization with a second computing device.

46. The control center interface of Claim 45, wherein the work monitor interface includes:

a work monitor log, identifying events or activities which have occurred on said computing device.

47. The control center interface of Claim 45, wherein said events may be any event selected from a group of events comprising:

an incoming telephone call, an outgoing telephone call, an incoming facsimile, and an outgoing facsimile.

48. The control center interface of Claim 45, wherein said activities may be any activity selected from a group of activities comprising:

an access of an item of information stored on said computer, and a modification of an item of information stored on said computer.

49. The control center interface of Claim 45, wherein said work monitor interface includes:

a work monitor interface enable/disable module, wherein in response to selection of said enable/disable module said synchronization system either begins or stops monitoring occurrences of events or activities on said first computing device.

50. The control center interface of Claim 45, wherein said file synchronization interface maintains a list identifying information which is to be synchronized with said second computer.

51. The control center interface of Claim 45, wherein said file synchronization interface includes: an information addition module, for adding an identification of information to said list.

52. The control center interface of Claim 45, wherein said file synchronization interface includes: an information change module, for changing an identification of information to said list.

53. The control center interface of Claim 45, wherein said file synchronization interface includes: an information delete module, for removing an identification of information from said list.

54. The control center interface of Claim 45, wherein said file synchronization system includes: a begin synchronization module.

55. The control center interface of Claim 54, wherein said file synchronization system includes: a synchronization progress interface, displayed as a result of selection of said begin synchronization module, identifying the progress of synchronization information between said first computing device and said second computing device.

56. The control center interface of Claim 45, further comprising:  
a file transfer interface, providing the ability to select at least one item of information for transferring between said first computing device and said second computing device.